

Welcome to Faith & First United Methodist Church

Sermon Notes - October 11, 2020

Ephesians Series: Chapter 4 - "Building Up the Body of Christ"

Scripture: *Selected Verses from Chapter 4*

1 As a prisoner for the Lord, then, I urge you to live a life worthy of the calling you have received. 2 Be completely humble and gentle; be patient, bearing with one another in love. 3 Make every effort to keep the unity of the Spirit through the bond of peace. 4 There is one body and one Spirit-- just as you were called to one hope when you were called-- 5 one Lord, one faith, one baptism; 6 one God and Father of all, who is over all and through all and in all.

11 It was he who gave some to be apostles, some to be prophets, some to be evangelists, and some to be pastors and teachers, 12 to prepare God's people for works of service, so that the body of Christ may be built up 13 until we all reach unity in the faith and in the knowledge of the Son of God and become mature, attaining to the whole measure of the fullness of Christ. 14 Then we will no longer be infants, tossed back and forth by the waves, and blown here and there by every wind of teaching and by the cunning and craftiness of men in their deceitful scheming. 15 Instead, speaking the truth in love, we will in all things grow up into him who is the Head, that is, Christ. 16 From him the whole body, joined and held together by every supporting ligament, grows and builds itself up in love, as each part does its work.

22 You were taught, with regard to your former way of life, to put off your old self, which is being corrupted by its deceitful desires; 23 to be made new in the attitude of your minds; 24 and to put on the new self, created to be like God in true righteousness and holiness. 25 Therefore each of you must put off falsehood and speak truthfully to his neighbor, for we are all members of one body.

29 Do not let any unwholesome talk come out of your mouths, but only what is helpful for building others up according to their needs, that it may benefit those who listen. 30 And do not grieve the Holy Spirit of God, with whom you were sealed for the day of redemption. 31 Get rid of all bitterness, rage and anger, brawling and slander, along with every form of malice. 32 Be kind and compassionate to one another, forgiving each other, just as in Christ God forgave you.

Life Application Questions:

1) In what ways can we build up the other Christians?

2) Have you responded to God's special calling in your life for ministry and service?

Prayer: "Dear Lord we thank you for reminding us today of the importance of building others up in the ministry of your church. Forgive us for the times that we have torn others down when we have strayed from your plan. Please remind us of all the ways that we can bring your encouragement and "good news" to those that you have placed in our lives. Amen"